

IDAHO DEPARTMENT OF HEALTH & WELFARE ~ REGION II
Regional Advisory Committee on Substance Abuse

MAY 14, 2008 ~ 12:00PM – 5:00PM ~ FISH & GAME ~ 3316 16TH STREET ~ LEWISTON, ID

AGENDA

WORKING LUNCH & EXHIBIT HALL

- Lunch was provided and discussions around gaps in service and Region II Matrix . Notes were taken for those identified gaps and a document will be put together by DHW staff.

Welcome and Introductions – Charlie Spencer, RAC Chair

- Charlie welcomed all and introduced our guests from Boise. A sign in sheet was provided at the entrance table as well as name badges for all attendees

Acknowledgement of Regional Award Nominees and Recipients – Charlie Spencer

- Charlie and Tanya gave recognition and awards to the following. Ron Budda was not in attendance at the meeting to receive the award.

- ⌚ ICADD Treatment Award (Provider) – Phil Waggoner
- ⌚ ICADD Treatment Award (Recovery Support) – Mark Berger
- ⌚ Idaho Prevention Award Nominee – Cindy Chaney
- ⌚ Patricia Kempthorne Legislative Award Winner – Pastor Ron Budda

ICSA / Statewide RAC - Updates

- ⌚ ICSA Update – Debbie Field and Kathy Skippen
- ⌚ Statewide RAC Update – Bethany Gadzinski

Bethany gave an in-depth overview of the operations of SUDS. She gave explanation toward the following:

- Waiting List – what to expect in the coming months with the increase of funding starting July 1.
- FY09 It was noted that the state will have more money than ever to spend towards SUDS. It will be vital that the state show the legislators it can spend the money wisely, show good outcomes. The state has moved from 5.3 million to 17 million.
- Starting in FY 09, There will not be the list of populations in priority as before. The groups of people are still the priority...but not in a list of where it must be spent first.
- Also, there are two more groups to be served; misdemeanants and DUI's.
- Funding will also cover prison re-entry into the community. Hope to be fully operational 1 year from now. 330 days prior to release, creation of treatment plan will be started to show parole board. A flow chart is coming soon that is being created by DOC and DHW to show coordination of this project. The "rider program" will be covered as well. A question was asked about "forced abstinence" will those people still qualify for treatment...Yes they would was the answer.
- A question was asked about the 2900 Mistreatments funding and Medicaid. DHW will manage SUDS and outpatient will come online the first of July. (Disabled - adults with disabling conditions/ youth on CHIPS)– Bethany hopes this will be seamless for providers – not creating more work for them.
- Drug Court will have more slots
- Region 5/6 is working through a 5 year grant with child protection and youth treatment.
- The state is also watching Pocatello with a Transitional Home for Adolescents
- Documents were discussed showing July-March treatment outcomes showing 36.5% successfully completed treatment

- Documents were discussed showing the breakdown in counties and how much was being spent.
- Region II was encouraged to use the funding set by the code 1925-24. We are dramatically behind in usage as compared to the rest of the state. Comments were made by Steve Caylor. Some felt that we have seen more people using those funds than was representative of the number on the "yellow sheet". Bethany was happy to look at those numbers again at her office if someone contacted her with specifics.
- Jack Smith noted that it was great we have more funding but would like the state to take the next step in reserving monies for rural areas as due to just per numbers in the larger populated areas...the monies will naturally be used faster in the concentrated areas than what rural areas can use. He also noted that the need is just as great if not greater, due to the fact that the next available resource for treatment is 50-100 miles away if we lose our rural treatment facilities. Many were in agreement and would like to continue voicing this issue towards the ICSA and legislation.
- Jack also would like to see a report on those who call BPA and do not qualify for treatment due to the priority populations. Bethany noted she could pull that from reports once back to the office.

Debbie Field/Kathy Skippen spoke from ICSA to the following:

- Debbie would like to track adolescent treatment to see if relapse goes down
- Bethany noted they are looking at sharing data across systems.
- Senator Stegner asked the question of Target for waiting list: What is acceptable when we ramp up to more spending? Debbie replied the target would be to not have a waiting list.
- Another question asked was How far are we away from serving those who have not broken the law?
- It was noted that Idaho is unique in the nation as most are siloed and do not cross lines of co-occurring, Medicaid and ICSA is working hard to pull all these together and laying budgets on the table. First state to work as a unit. Instead of working as competitors they are working together to solve Idaho's drug/MH issues.
- It was noted again by Kathy Skippen that 2/3 of those on the waiting list come off the list with no treatment. For funding to continue this year is crucial to produce results and we will be data driven.
- A question was asked by Gary Kiss How are priority's decided by the state? Could we restructure the populations to help serve the rural and the alcoholic who is currently the hardest get served? (Not served as in liquor ☺) It was noted that ICSA is working to put priority's together with how the legislator funds. Jack Smith noted there will not much change in Idaho County because most of his clients will not make the priority population.
- Lisa Billings, MH Court Coordinator, noted that the male alcohol abuser is in real need of treatment
- Liz Hess noted "cutting the pie" differently than population. Change our paradigm of thinking when looking at setting priorities.
- ICSA meets on the 3rd Wednesday of each month. Subcommittees also meet monthly
- 500 in Idaho have been trained in GAIN Assessments
- Noted that over 50% of those at SHN are in due to Meth related issues
- Kathy again noted that there will be an expectation of increased results with increased funding.
- All providers must be seen as partners not as competitors
- Governor Otter and the Leg. Wants and expects to see results/ Office of Drug Policy must prove what Idaho is doing – works.
- State wants to see the following
 - How many make it through treatment
 - How many become active, productive citizens in society
 - Interviews with clients to see what is working and what is not...follow-up.
- Questions that may be need to be discussed in the future:
 - Do RAC's need to have regional budgets?
 - Regional waiting lists?
- Debbie noted again that yes the RAC does have a voice and said that Bev Ashton is doing a great job in representing all of the RAC's across the state.

- Recognition was given from ICSA to Kristine Stensrude for her “prolific emails” and consistent support and “questions” throughout the year concerning procedures and decisions made at the state level

2008 Legislative Session Wrap-Up – Legislators

Legislator Liz Chavez stated the following:

- Noted appreciation to all in attendance of the meeting and thanked them for working for our people in the region.
- FAS – Due to perseverance, The FAS signage will take place this month at Jackson Food Stores and all alcohol outlets in the state. There will be a ceremony on May 21 in Boise with the Governor, First Lady, Ms. Chavez and others to roll out the signage. Legislator John Rusche was also noted to have helped with this.

Senator Stegner stated the following:

- Noted that the broadest support he has ever seen in the legislature during his terms. The level of awareness is unprecedented.
- Noted that priority populations has been a frustration esp for North Central Idaho
- Recognition that Drug Court has success
- Need to continue message to representatives
- Mental Health/ Co-Occurring diagnosis conditions are high in the state and an effort to offer dual diagnosis treatment is in the future of Idaho.
- He talked about the facility in Nampa which is not a facility like SHS and SHN. Noted that changes could come to that facility as the need is so great to have more places for MH clients. This could increase beds available and reduce the wait list as well as allow for self committal.
- He also noted the need for the facility being built in the Boise area that will also serve MH clients.
- He spoke of the WICHY study/ Interim Committee that have worked over the past several years to evaluate the needs and look at still how to improve the systems of Substance Abuse and Mental Health. There could be more changes in the future depending on the results that WICHY finds. Results should be made know in summer or fall of this coming year.

CRDS Update / National Recognition Months – Helen Savage

CRDS Report:

- 2-1-1 Project for Region II. Eleanor Downey of LCSC has a senior identified for next fall/spring to update. It is possible she could use this person for other projects that relate. Contact her if you have an idea.
- Mental Health Month is May; Potlucks throughout the region taking place for MH Court Clients; Consumer Conferences taking place throughout the region for all residents; Lisa Billings has article to go to LMT; NAMI has had a table at all consumer conferences for awareness and education as well as to increase its enrollment.
- Website is up and full and people were encouraged to view it

Gaps in Region II Services Discussion – Tanya McElfresh

- Discussion took place during over lunch

Subcommittee Updates

Detox & Pre-Treatment Committee – Paul Rost, Committee Chair

- Paul and Sherry reported the survey is completed. The committee, along with Regional Director, Tanya McElfresh, have visited several detox centers, and will visit more as needed. Next step is to contact providers and ask questions around detox.

Legislative Committee – Steve Caylor, Committee Chair

- No report at this time

Prevention & Coalition Building Committee – Cindy Chaney, Committee Chair

- Noted that communities that have applied for DFC, Kamiah, Clearwater County and Latah County
- Idaho Coalitions are looking to form a coalition of coalitions to go after larger funding as a state
- Noted that the coalition could look at changing the law (231023) that permits adults to serve beer to their personal children...but not wine or hard liquor. Want to remove being able to provide beer as this is a real sticking point with judges when trying to get youth into screening/assessments for treatment when needed.
- In applying for grants and money's the state needs to provide a study on marijuana use.
- Need new prevention chair as Cindy is moving to Eureka Montana and this is her last official meeting.
- Charlie stated that an email will be sent to the RAC asking for a volunteer!

Treatment & Recovery Committee – Dan Faller, Committee Chair

- Dan Faller noted that they have had an informal meeting to schedule a meeting in June at Workforce Training

Adolescent Treatment Subcommittee – Dean Allen, Committee Chair

- Helen Savage reported the committee has met monthly and is working to put together a proposal to go before ICSA. This proposal would be in the form of a pilot project for youth treatment to be modeled after drug court or mental health court.
- Noted that reclaiming futures has monies for 10 facilities that would provide wrap around services. This is a federal grant. Noted we should look at the RFP. Melinda Sonnen would like to see it in our region. Helen is check the website for this.

Draft Region II Strategic Plan – Charlie Spencer

- Charlie noted the strategic plan that was put together by a small team of volunteers on the RAC. He asked that all RAC members read through and make comment to Helen of objections, changes or "hoo-rah's" before the July 9 meeting.
- Steve asked where he could find the state strategic plan. Helen noted she would put it on the website.

Other Business

- Noted that the Minkoff Training will be in Lewiston at DHW 3rd floor conference room on June 5. This is all day training for all providers, clinicians and others who are involved and relates to the co occurring movement the state is going towards. The state is requiring all providers to be Co Occurring Capable by July 1 2009. All are encouraged to attend and participate in surveys as needed to stay compliant with the changes being made.
- Charlie asked that all committee chairs give notes to Charlie prior to July 9 meeting to post on website for review by all RAC members before next meeting.
- Charlie will make a report from this meeting to send to Bev Ashton for the next ICSA meeting on May 21 Two suggestions were made for this report:
 - Liz Hess noted that funds be allocated to keep providers in rural areas
 - Jack Smith noted that allocated funding in regions for their discretion would be helpful
- Barb Kremer introduced herself as going to a meeting that will discuss insurance and was looking for input from our region. It was noted that we want the same coverage for the same price as we have now

Next RAC Meeting – July 9th, 3rd Floor Conf Room, Lewiston State Office Bldg

MEETING ADJOURNS

RAC SUBCOMMITTEES MEET

- No subcommittees met at this time